

1 **IN THE COURT OF APPEALS OF THE STATE OF NEW MEXICO**

Court of Appeals of New Mexico  
Filed 4/28/2023 10:29 AM

2 **MARK PLOMER,**

3 Worker-Appellee,



Mark Reynolds

4 v.

**No. A-1-CA-39277**

5 **WORKERS' COMPENSATION**  
6 **ADMINISTRATION and NEW MEXICO**  
7 **RISK MANAGEMENT DIVISION,**

8 Employer/Insurer-Appellants.

9 **APPEAL FROM THE WORKERS' COMPENSATION ADMINISTRATION**

10 **Terry Kramer, Hearing Officer**

11 Gerald A. Hanrahan  
12 Albuquerque, NM

13 for Appellee

14 Paul L. Civerolo, LLC  
15 Paul L. Civerolo  
16 Albuquerque, NM

17 for Appellants

18 **MEMORANDUM OPINION**

19 **IVES, Judge.**

20 {1} The Workers' Compensation Administration (Employer) appeals an amended  
21 compensation order awarding benefits to its employee, Mark J. Plomer (Worker).  
22 Employer argues that (1) the order is final for appeal; (2) Worker failed to provide  
23 Employer with timely notice of the accident under NMSA 1978, Section 52-1-29(A)

1 (1990); and (3) the Workers’ Compensation Judge (WCJ) erred in finding that Dr.  
2 Drew Newhoff, from whom Worker obtained treatment, was an authorized  
3 healthcare provider (HCP) and by admitting his testimony on causation. We affirm.

#### 4 **DISCUSSION**

##### 5 **I. The Amended Compensation Order Is Final for Appeal**

6 {2} As a threshold matter, we briefly consider whether the WCJ’s order is final  
7 and therefore appealable. In the order, the WCJ concluded that Worker’s claim for  
8 indemnity benefits was “premature,” presumably because the WCJ also found that  
9 Worker had not reached maximum medical improvement—a prerequisite for  
10 entitlement to such benefits. *See* NMSA 1978, § 52-1-26 (2017).

11 {3} Because this Court’s jurisdiction is limited to review of final orders, *Sanchez*  
12 *v. Bradbury & Stamm Const.*, 1989-NMCA-076, ¶¶ 10, 14, 109 N.M. 47, 781 P.2d  
13 319, we initially expressed reservations about reviewing an order that could be  
14 considered non-final due to Worker’s unresolved indemnity benefits claim.  
15 Accordingly, we asked the parties to brief the issue. Employer argues, and Worker  
16 concedes, that the order is final for appeal.

17 {4} While we are not bound by Worker’s concession, *see Tucson Elec. Power Co.*  
18 *v. Tax’n & Revenue Dep’t*, 2020-NMCA-011, ¶ 10, 456 P.3d 1085, we accept it  
19 under the circumstances. The WCJ determined all issues of law and fact—including  
20 timely notice and causation—to the fullest extent possible to determine that Worker

1 sustained a compensable injury. *See B.L. Goldberg & Assocs., Inc. v. Uptown, Inc.*,  
2 1985-NMSC-084, ¶ 3, 103 N.M. 277, 705 P.2d 683 (explaining that an order is  
3 considered final where “all issues of law and fact have been determined and the case  
4 disposed of by the trial court to the fullest extent possible”). In view of this and given  
5 the issue of indemnity benefits is premature, we do not believe that this remaining  
6 issue destroys finality in this case because its resolution would not alter, moot, or  
7 revise the WCJ’s underlying determination that Worker sustained a compensable  
8 injury. *See Kelly Inn No. 102, Inc. v. Kapnison*, 1992-NMSC-005, ¶ 21, 113 N.M.  
9 231, 824 P.2d 1033 (clarifying that “a question remaining to be decided [] will not  
10 prevent [a] judgment from being final if resolution of that question will not alter the  
11 judgment or moot or revise decisions embodied therein”); *cf. Alcala v. St. Francis*  
12 *Gardens*, 1993-NMCA-134, ¶¶ 7-8, 12, 11, 116 N.M. 510, 864 P.2d 326 (holding  
13 that, where there was a pending compensation claim, an interim order awarding  
14 attorney fees was not final for appeal because “developments in the compensation  
15 case [could] alter or revise the attorney fees order”).

16 **II. Worker Provided Employer With Legally Adequate Notice**

17 {5} Another threshold issue is whether Worker provided Employer with a timely  
18 notice of accident. When a worker fails to give timely notice under Section 52-1-29,  
19 the right to recover compensation is “forever barred.” NMSA 1978, § 52-1-31(A)  
20 (1987). Towards this end, Employer asks this Court to reverse the WCJ’s conclusion

1 that Worker provided Employer with legally adequate notice of the accident under  
2 Section 52-1-29(A). Because this conclusion of law must be supported by a finding  
3 of ultimate fact, *see Torres v. Plastech Corp.*, 1997-NMSC-053, ¶ 13, 124 N.M. 197,  
4 947 P.2d 154; *see also Tom Growney Equip. Co. v. Jouett*, 2005-NMSC-015, ¶ 31,  
5 137 N.M. 497, 113 P.3d 320 (characterizing the date of disability as an ultimate fact  
6 necessary to determine notice), we first review whether the WCJ’s finding that  
7 Worker sustained a disabling work accident on March 18, 2019, is supported by  
8 substantial evidence. *See Tom Growney Equip. Co.*, 2005-NMSC-015, ¶ 13. Under  
9 this whole record standard of review, we view the evidence in the light most  
10 favorable to the agency decision but do not disregard contravening evidence. *Ortiz*  
11 *v. Overland Express*, 2010-NMSC-021, ¶ 24, 148 N.M. 405, 237 P.3d 707. We then  
12 review de novo whether Worker gave timely notice under Section 52-1-29(A). *See*  
13 *Tom Growney Equip. Co.*, 2005-NMSC-015, ¶ 13.

14 {6} Employer argues that, because Worker sustained a previous work-related  
15 injury involving the same hand in 2009 and experienced numbness and tingling in  
16 that hand intermittently between 2009 and March 18, 2019, he is charged with  
17 knowledge that he sustained a compensable injury such that he should have notified  
18 Employer of that injury earlier than March 2019.<sup>1</sup> We disagree.

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<sup>1</sup>In making this argument, Employer relies on the “latent injury rule” from *Garnsey v. Concrete Inc. of Hobbs*, 1996-NMCA-081, 122 N.M. 195, 922 P.2d 577. We are not persuaded that this rule applies to the facts of the instant case. In *Garnsey*,

1 {7} In order to be eligible for workers' compensation, a worker must "give notice  
2 in writing to [the] employer of the accident within fifteen days after the worker knew,  
3 or should have known, of its occurrence." Section 52-1-29(A). Where "employment  
4 activity itself aggravates a preexisting injury and results in disability," as it did here,  
5 New Mexico precedent "does not require a discrete 'accident,' in the traditional  
6 sense." *Tom Growney Equip. Co.*, 2005-NMSC-015, ¶ 27. Instead, in such cases, a  
7 worker sustains an accidental injury if the worker (1) experiences preexisting  
8 conditions from a previous accident incurred during the worker's employment, (2)  
9 continues normal employment under pain, and (3) subsequently suffers a disability  
10 that was caused or accelerated while working. *Herndon v. Albuquerque Pub. Schs.*,  
11 1978-NMCA-072, ¶ 31, 92 N.M. 635, 593 P.2d 470; *see also Tom Growney Equip.*  
12 *Co.*, 2005-NMSC-015, ¶¶ 28, 35.

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the worker was involved in a work accident but did not discover the injury until later. *Id.* ¶¶ 2-4. In such cases, "the statutory clock [does] not start ticking until the worker [knows], or should [know] by the exercise of reasonable diligence, that [the worker] ha[s] sustained a compensable injury." *Id.* ¶ 12. "The injury, not the accidental occurrence, [is] determinative" for purposes of calculating the requisite notice period. *Id.* However, *Garnsey* is inapposite here because Worker did not sustain a latent injury. After the incident on March 18, 2019, Worker *immediately* discovered that he had suffered an injury that caused symptoms more severe and of a different character and quality than the occasional numbness and tingling sensations he had experienced before the incident such that he could no longer adequately perform necessary work activities. Under these circumstances, the latent injury rule does not apply.

1 {8} In this case, the WCJ’s finding that Worker sustained a disabling work  
2 accident on March 18, 2019, is supported by substantial evidence. The WCJ found  
3 the following facts, which are unchallenged on appeal: Worker sustained a work-  
4 related accident in 2009, which involved his right wrist and hand; Worker received  
5 medical treatment for this injury, which “resolve[d] the problems Worker was  
6 having with his right upper extremity”; Worker underwent an independent medical  
7 examination (IME) to evaluate the 2009 injury; the IME included a diagnosis of  
8 “early carpal tunnel syndrome” on Worker’s right hand; Worker experienced  
9 occasional numbing and tingling in his right wrist and hand prior to March 18, 2019;  
10 Worker was physically able to perform all of his regular job duties prior to March  
11 18, 2019; while performing work activities on March 18, 2019, Worker began to  
12 experience “pain, numbness, loss of sensation, and motor loss in his right hand”;  
13 these symptoms were “more severe and of a different character and quality than the  
14 occasional numbness and tingling sensations he had experienced previously as a  
15 result of these symptoms, Worker “could not adequately perform necessary work  
16 activities”; Worker received initial treatment, which indicated that these symptoms  
17 were consistent with carpal tunnel syndrome; Worker underwent electromyography,  
18 which confirmed that he sustained “mild to moderate carpal tunnel syndrome” on  
19 his right side; and Dr. Newhoff “offered a carpal tunnel release [procedure] at the  
20 right wrist.”

1 {9} This evidence suffices to show that Worker sustained an accidental injury on  
2 March 18, 2019, under the three-part test set forth in *Herndon*, 1978-NMCA-072,  
3 ¶ 31. First, Worker sustained early carpal tunnel syndrome from a previous work-  
4 related accident in 2009. Second, he continued normal employment under pain,  
5 experiencing occasional tingling and numbness in his right hand and wrist from 2009  
6 to March 2019. Third, on March 18, 2019, he sustained a work accident involving  
7 the same hand to the point of disability, which was accelerated by his continued  
8 employment and concomitant work activities and resulted in a diagnosis of mild to  
9 moderate carpal tunnel syndrome on the right wrist. The aggravation of the injury  
10 caused by work activity amounted to the accident that triggered the notice  
11 requirement. *See Tom Growney Equip. Co.*, 2005-NMSC-015, ¶¶ 28, 35 (“This  
12 work-activity-induced aggravation of [the worker’s] shoulder resulting in disability  
13 constituted the ‘accident’ for which [the worker] is required to give notice.”).

14 {10} It is true that, as Employer points out, Worker experienced “numbness and  
15 tingling . . . for months perhaps longer before[] March 2019.” But it was the resulting  
16 disabling accident of March 18, 2019, that constitutes a work accident under our  
17 precedent. And, likewise, it may be true that Worker continued to work for Employer  
18 as the UEF Administrator after March 18, 2019, albeit in an abbreviated capacity.  
19 While this evidence might have supported contrary findings as to the date of  
20 disability, we conclude that the record contains substantial evidence to sustain the

1 WCJ’s finding that the date of disability was March 18, 2019. *See Dewitt v. Rent-A-*  
2 *Ctr., Inc.*, 2009-NMSC-032, ¶ 25, 146 N.M. 453, 212 P.3d 341.

3 {11} Because Worker sustained a disabling work accident on March 18, 2019, and  
4 because it is undisputed that Worker notified his supervisor of the accident on March  
5 18, 2019, and then completed a written “Notice of Accident” report on  
6 March 19, 2019, which was signed by both Worker and Employer, we conclude that  
7 Worker provided Employer notice of the accident within fifteen days. *See* § 52-1-  
8 29(A). Accordingly, we hold that Worker provided Employer with timely notice.

9 **III. Dr. Newhoff Is an Authorized HCP and the WCJ Properly Admitted His**  
10 **Testimony on Causation**

11 {12} Employer challenges the WCJ’s conclusion of law that Dr. Newhoff was an  
12 authorized HCP. Reviewing this issue de novo, *Tom Growney Equip. Co.*, 2005-  
13 NMSC-015, ¶ 13, we affirm the WCJ’s determination.

14 {13} We note that Employer bases its claim of error on a misunderstanding of the  
15 law. Employer insists that “[t]here is no showing that Worker followed any of the  
16 health care provider procedures available after making his initial selection.” This  
17 assertion presumes that *Worker* was required to adhere to the procedure after being  
18 denied coverage by Employer. However, it was *Employer*—as the party opposing  
19 Worker’s initial selection of HCP—that lost the right to select an HCP after it denied  
20 coverage to Worker and subsequently failed to follow the HCP selection procedure.



1 {14} We summarize this procedure. Under NMSA 1978, Section 52-1-49(B)  
2 (1990), after a worker has sustained an injury under the WCA, “[t]he employer shall  
3 initially either select the health care provider for the injured worker or permit the  
4 injured worker to make the selection.” This initially selected HCP shall be in effect  
5 during the first sixty days from the date the worker *receives treatment* from that  
6 HCP. *Id.* The HCP may be changed in one of two ways. The first method assumes  
7 that the sixty-day period has been triggered: upon expiration of that period, the party  
8 who did not make the initial selection may file a notice of the name and address of  
9 its choice of HCP with the other party at least ten days before treatment begins.  
10 Section 52-1-49(C). Otherwise, the party disagreeing with the choice of HCP of the  
11 other party is relegated to the second method of changing an HCP: submitting a  
12 request for a change of HCP to a WCJ, which can be submitted at any time. Section  
13 52-1-49(E).

14 {15} In this case, Employer permitted Worker to make the initial HCP selection.  
15 Worker made the initial selection and chose Dr. Deana Mercer as his treating  
16 physician. However, Dr. Mercer never treated Worker: “When Worker attempted to  
17 see Dr. Mercer he learned that his claim of a compensable work[-]related injury was  
18 denied by [Employer’s insurer] and that treatment through Dr. Mercer would not be  
19 authorized.” Because Dr. Mercer never treated Worker, the sixty-day period under  
20 Section 52-1-49(B) was never triggered. Thus, the only way for Employer—as the

1 party disagreeing with Worker’s choice of HCP—to change the HCP was to submit  
2 a request to the WCJ, which it could have done at any point. *See* § 52-1-49(E). But  
3 the record is devoid of evidence that Employer actually did so.<sup>2</sup> In support of its  
4 argument, Employer points to case law holding that “an employer has the right to  
5 select a treating HCP for a worker even when the employer denies a worker’s claim  
6 for benefits.” *Grine v. Peabody Nat’l Res.*, 2006-NMSC-031, ¶ 3, 140 N.M. 30, 139  
7 P.3d 190. However, Employer’s interpretation of this rule is too broad. An employer  
8 has the right to select a treating HCP only if the employer complies with the  
9 procedure set forth in Section 52-1-49. *Grine*, 2006-NMSC-031, ¶ 3. By failing to  
10 properly submit a request for a change in HCP with the WCJ, Employer (not Worker)  
11 failed to follow the statutory selection procedure. As a consequence, we reject  
12 Employer’s argument that it was Worker’s burden to adhere to the statutory HCP  
13 selection procedure.

14 {16} Because we agree with the WCJ that Dr. Newhoff was an authorized HCP,  
15 and because it is undisputed that Dr. Newhoff treated Worker, we hold that the WCJ

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<sup>2</sup>The record indicates that Employer submitted an application to the WCJ for an IME on May 22, 2020, pursuant to NMSA 1978, Section 52-1-51 (2013). We do not consider this application as the equivalent to a request for a change in HCP. *Compare* §§ 52-1-51(A)-(B) (granting discretion to the WCJ to order an IME, which is to be performed by “a health care provider other than the designated health care provider” chosen from an approved list authorized by a committee), *with City of Albuquerque v. Sanchez*, 1992-NMCA-038, ¶ 18, 113 N.M. 721, 832 P.2d 412 (characterizing an objection to a new HCP as the equivalent to a request for a change to an initially-selected HCP).

1 did not err in admitting his testimony on causation. *See* NMSA 1978, § 52-1-28(B)  
2 (1987) (mandating that a worker must establish causality by expert testimony of an  
3 HCP when an employer or insurance carrier denies that an alleged disability was a  
4 natural and direct result of the accident); *see also* § 52-1-51(C) (stating that only an  
5 HCP who has treated the worker under Section 52-1-49 or the health care provider  
6 providing the IME may offer testimony concerning the particular injury in question).

7 **CONCLUSION**

8 {17} We affirm.

9 {18} **IT IS SO ORDERED.**

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 **ZACHARY A. IVES, Judge**

12 **WE CONCUR:**

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 **JENNIFER L. ATTREP, Chief Judge**

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 **GERALD E. BACA, Judge**